



WAFIC FUNCTIONAL MOVEMENT SUMMIT

TO SURVIVE OR TO THRIVE? HOW DO YOU CHOOSE TO LIVE?



Life is unpredictable, unstable, chaotic. It's lived in multiple planes of motion, it's dynamic and integrated. With more than **650 muscles, 900 ligaments and 1000s of tendons** all connected by a fascial network, there's no denying the human body was designed to move.

The WAFIC Functional Movement Summit brings together some of the Australian fitness industry's best and brightest educators for two days of knowledge and practice on proficient, purposeful movement training.



From this jam-packed weekend you'll take away the skills and know-how to coach your clients and participants through powerfully dynamic, proprioceptively-rich sessions, to produce unequivocal results.

The WAFIC Functional Movement Summit is being held 20 – 21 August 2016. To find out more, or to register for the weekend that will transform your fitness business and professional skillset.

PRICE STARTS FROM

\$429