**JTInTheRaw Show 177 | Where To Put Your Energy In 2020**

Time to take an audit in the next 10 days to determine where you need to give your energy in 2020.

**1. Do you believe in yourself?**

When you believe in yourself and the contribution you make to the company, it shows, and people will pick up on that. Believing in yourself helps build your assurance in your leadership. Your Team will feed off this assurance. When you are confident in yourself your creativity, innovation and productivity will soar.

**2. Do you believe in what you are doing?**

It is normal for us to question what we do every now and then. If now and then is every day, then maybe it is time to change direction. When you are confident in what you do, your productivity will lift and your energy levels will become infectious.

**3. Are you positive and engaged at work?**

This doesn't mean you have to show a happy face all the time, but it does mean you should be approachable and knowledgeable to your team and your customers. The more positive you are, the more it encourages others around you to be upbeat too. When you create that kind of atmosphere at work, it will be noticed by everyone.

**4. Is your focus on solving problems or whining about them**

The more people complain about a problem, the less that gets done about it. As the leader take a step back and think of innovative ways to address any business issues. Leaders are often a problem solvers themselves or they know how to bring him to solve problems.

**5. Are you consistently reaching out for direction, guidance and support?**

The best business people in the world have their own coach or group of people they speak with to get better. The best are not afraid to ask for help. It is not a sign of weakness but a sign of strength as you know what you need to do to get better.

**6. Do you request performance feedback**

Asking for constructive criticism shows that you are interested in being an excellent performer and that you care. Nothing indicates that you are a true leader more readily than your asking to be evaluated.

**7. Do you maintain your composure in a crisis**

When you show that you can handle chaos, you win points. Your team want to see how you respond during these high-pressure moments. They’ll be looking at your body language, listening to your words and watching your actions. What you do will inspire them.

**Throw Back Raw Show**

Stopping complacency in the workplace was a hugely successful show with great live viewing and feedback I received on the FIVE strategies! [Watch it here.](https://www.activemgmt.com.au/jtintheraw-show-147-stopping-complacency-in-your-workplace/)

**Summary**

Leadership is not always easy but it is rewarding. Over the next 10 days audit your thinking and behaviours to identify what you need to work on to make 2020 a success. You can do it. You’ve got this. Are not just clichés they are true statements when you score 10 out of 10 in these 8 questions.

**Quote of the Week**

Leadership is not always easy. It is always rewarding as you personally grow.